

Sponsored by Bennetts Funeral Directors Ltd

Seminars with Dr Bill Webster

Grief counsellor, author and well-known international speaker.

Thursday 10th September 2026

Dr Bill Webster will share some of the insights he gained from his 40 years of experience as a grief counsellor.

Grief: “The Unwelcome Journey”

Losing someone you care about can be one of the most difficult experiences of life.

There are no words to adequately describe the pain we feel. Dr Bill Webster understands this, not only in theory, but from personal experience in the loss of his wife, and more recently the death of his son. He comes to share some of his insights into the grief process, and to suggest strategies that will help you work through the process to find healing and hope.

Seminar 1 - Grief: “The Journey Begins”

St Martins Church Rooms, Castle Street, Chipping Ongar, Ongar, CM5 9AT

13:30 - 15:30

The days and weeks that follow a loss can be overwhelming. Dr Bill will help us understand what and why these confusing, and emotional reactions are part of the healing process, with practical suggestions and strategies as to how we can help ourselves of other through the grief process.

No on site parking available, but pay and display parking is available at Ongar Library or Sainsburys.

Seminar 2: Grief: “The Ongoing Journey”

Sawyers Church, Sawyers Hall Lane, Brentwood, CM15 9BN

18:30 - 20:30

Some people may say “It’s been 3 months, you ought to be over it by now.” But it’s never that simple. Dr Bill will discuss the challenges of guilt, anger, loneliness and adjustments to life as it now is, with practical suggestions and strategies to help.

Limited parking is available on site as well as street parking after 18:00.

Light refreshments will be provided at each venue.

Booking is not essential, however an indication of attendance to assist with refreshments would be appreciated; to do this or ask for further information please call **01277 210104** or email **victoria@bennettsfunerals.co.uk**



Bennetts Funeral Directors Ltd,
The Old Surgery, High Street, Ongar, CM5 9AA
www.bennettsfunerals.co.uk

