

August Newsletter

And just like that... August is here! ☀️

Summer is in full swing, the gardens are bursting with homegrown fruit and vegetables, and it's harvest time! 🍅🥒🍓 If you've grown more than you can use, why not bring some along to one of our groups and share the bounty? We're sure it will be gratefully received!



Amy from Kinder Essex has been enjoying her regular walks around Warley, and we're delighted that our lovely group from New Era has now joined her on a regular basis. There's something so special about spending a warm summer evening in nature, enjoying good company and a relaxed chat.

It's wonderful for both the body and the mind.



Quite a few of our members took part in the charity event at Brentwood Bowls Club, joining around 70 players for a fantastic day. There was plenty of laughter, friendly competition, and everyone had a brilliant time! Some of the ladies have now started meeting on Friday evenings for a game of bowls too. If you'd like to join in, please let Tina know—we'd love to see you there!



Last Wednesday's Community Dance was full of fun and smiles! Ron brought along his karaoke decks, and before we knew it everyone was singing, laughing, and enjoying themselves. It really was a wonderful afternoon please see posters below of our community dances.



We have two lovely fundraising events coming up in support of Parkinson's, and we'd love you to join us!

☕ 5th August – Enjoy an afternoon of music and afternoon tea.

☕ 14th August – Pop along to Brentwood Bowls Club for coffee, cake, and a catch-up.

Bring your friends and family along—
we'd love to see as many of you there as possible!

Join us for SAIF President's Community Event

Billericay Community Dance & Afternoon Tea
Wednesday 5th August at 14:00 – 16:00

Bringing our community together for afternoon tea while supporting Parkinson's UK, the chosen Charity of the Year of SAIF National President Gary Staker.

The Chantry Centre
Chantry Way,
Billericay, CM11 2BB

In aid of  **Parkinson's UK**

Co Sponsor: 






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Join us for SAIF President's Biggest Coffee Morning

Brentwood Bowls Club
Thursday 13th August 2026 at 10:30am – 12:30pm

Bringing our community together over coffee while supporting Parkinson's UK, the chosen Charity of the Year of SAIF National President Gary Staker.

Ingrave Road,
Warley, Brentwood,
CM13 2AA

In aid of  **Parkinson's UK**






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At our Brentwood meeting, we were delighted to welcome Penny from Lady Penelope Wines for a fantastic wine tasting session. It was enjoyed by almost everyone... and while the quiz went a little wonky, it actually made the afternoon even more entertaining! Sometimes the unexpected moments are the funniest!

If you'd like to join us for our festive coach trip to London to see the Christmas lights, here are the details:

 Date: Friday 4th December 2026

  Cost: £70 per person

Please book and pay directly with Kirby's Coaches.

 0800 917 7760 or 01268 77777

Once you've booked, please let me know so I can keep track of numbers.

Christmas Lights & Sights of London

Come and see London dressed for Christmas! Begin your afternoon with delicious fish and chips at Kennedy's before meeting your Blue Badge Guide. Then sit back and enjoy a magical coach tour of London's famous landmarks, the sparkling West End, and some hidden gems along the way. The evening finishes at beautiful Covent Garden, where you'll have time to enjoy a drink, browse the festive stalls, or do a little Christmas shopping before we head home.

It promises to be a wonderful festive day out!

Upcoming Events

Jenny from Age Well East, will be in Brentwood New Era on the 12th August & 19th August in Billericay, please bring your iPads and/or phones if you need some support from tech Queen Jenny!

Then on the 14th October in Brentwood & 16th October in Billericay, Jacky will talk about her work as a Magistrate



Thank you all for making our community such a welcoming, supportive, and happy place. Whether you've joined us for a walk, a game of bowls, dancing, or simply a chat over a cuppa, you all help make New Era such a special group.

We look forward to seeing you throughout August.

Kind Regards

Jane, Anna, Bridget and Tina