New Era April 2026 Newsletter

The month of daffodils and bluebells has arrived, bringing lighter days and the gentle song of birds. It really does lift the spirits, doesn't it? It won't be long now until we can sit out in our gardens, enjoying a peaceful cup of coffee together.

This month, we have an extra Wednesday on the 29th, and I was thinking it might be lovely to organise an outing to Barleylands Pottery Barn, followed by some refreshments at their café. If you haven't visited Barleylands before, it's a charming little village with craft studios and boutiques, located just outside Billericay. We can arrange lifts between us to make it easier for everyone.

New Era Brentwood has been wonderfully lively, full of games and cheerful conversation.

At New Era Billericay, we enjoyed a lovely day together, with hot cross buns as a special treat.

Bennetts Community Dance in Brentwood featured a live singer, Ray, who was absolutely fantastic. Meanwhile, Billericay Community Dance held its second event, and it is already proving to be a great success. Both gatherings are so uplifting — the kind that leave your cheeks aching from smiling for hours. Truly good for the soul.

Amy from Kinder Essex continues to lead her walks at Warley, and it's wonderful to see the group growing. Next upcoming walk is on Monday the 13th at 7pm-9pm and on the Friday the 17th at 10pm-12pm

Upcoming Bennetts events:
Brentwood New Era Afternoon Tea at Merrymead – 8th April at 1:30pm
· Billericay New Era at Humankind Café – 15th April at 2:30pm
Dr Bill Webster Seminar – 20th April (see poster)
Bennetts Community Dance – 22nd April at 2pm
Barleylands Craft Village outing – 29th April

Charlotte from Humankind Café is also organising a lovely Intergenerational Lunch on the 27th of April.

She has shared the following invitation:
"We would be delighted to welcome your group to our Intergenerational Lunch. This complimentary event brings together children from local schools and members of the community. Humankind provides a selection of sandwiches, wraps, savouries, desserts, along with tea and coffee. The children help serve the food, then sit and share the meal, and there is often time for games too. It's always a heartwarming session, and we receive such positive feedback from everyone who attends."
It sounds like a truly special opportunity to connect and enjoy time together.

A few of our ladies from New Era group attended the International Woman's Day celebration in support of Changing Pathway. This is a charity for woman and their children that must escape domestic violence in a hurry.
It was a lovely afternoon with some lovely raffle prizes, unfortunately we did not win any!!

Take care and see you soon
Jane, Anna, Bridget and Tina x

Christ Church Warley

Pop-Up CAFÉ

Thursdays 9am-1pm

Warley Hill, Warley, Brentwood CM13 3AA

All welcome!

Follow The Star

CALM and BRIGHT

You are warmly invited to join us at
Christ Church and St Mary's this Christmas

Carol Service at St Mary's
21st December at 6pm

Carol Service at Christ Church
22nd December at 6pm

Midnight Holy Communion at St Mary's
24th December at 11.30pm

Christmas Day Holy Communion at Christ Church
10.30am

Christ Church
Warley Hill
CM13 3AA

St Mary the Virgin
Great Warley Street
CM13 3JP

AgeWell East
Empowering people to age well

Digital Friends bringing digital skills support to the doorstep of the homebound

Bridge the Gap:
Too many seniors are left behind in a digital world. Your support can help them navigate essential services like GP appointments and NHS apps.

Connect & Empower: Help older adults learn basic digital skills to stay connected with family, access shopping online and regain independence.

Combat Isolation: Volunteers help open up new possibilities, reduce loneliness and give seniors the opportunity to connect with others beyond the walls of their home.

Become a Digital Friend
0300 37 33 333 enquiries@agewelleast.org.uk

www.agewelleast.org.uk

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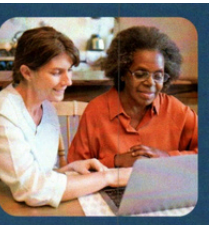
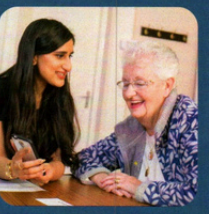
DIGITAL FRIENDS





- **For homebound individuals aged 60 years+ living in Brentwood and Basildon districts.**
- **Enjoy a chat over a cuppa – discover how being online can make life easier and more connected.**
- **Learn useful digital skills – from downloading the NHS App to online shopping, video calls, GP bookings and more.**
- **Friendly, patient volunteers – all DBS-checked and working at your pace, with up to six relaxed sessions.**
- **Personal support at home – one-to-one help with your device, in the comfort of your own home.**

Mid and South Essex Integrated Care System
NHS Mid and South Essex
BRENTWOOD CVS
SUPPORTING VOLUNTARY AND COMMUNITY ACTION

Registered Charity Number 1142414

To find out more
enquiries@agewelleast.org.uk
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