



# New Era December 2025 Newsletter

December is here already,  
and this month can feel extra-long and sad!

An extract from Dr Bill Webster-

- Hold on to and focus on what is really important
- Be thankful for the years you did have with the person and reflect on the memories you still share
- Celebrate the person's life as well as mourning their death
- Enjoy what you have as well as grieving what you are missing
- Don't allow looking back at the past to spoil what you have in the present. Someone may be missing but are there people who will be there this year for whom you can be thankful?

They are the gift

- Believe that there are reasons to go on, even though you may not see what they are right now,
- Believe in people, and in life, in love and laughter, and believe in God, however you understand your spirituality, and have faith in the convictions by which you live,
- Believe in yourself, that your, determination will help get through. Believe that no matter how difficult your circumstances that life is important and can still be meaningful.

And above all, believe in hope. People talk a lot about "holding on to hope", but what does it mean? Hope, by definition, is "The expectation that good is yet to come". Trust me, I know from experience after the death of my son that it can seem like your whole life is over. But we must hold on to hope that even when the circumstances of life don't seem to make sense or be meaningful, that life can still be good. The one thing we know about life is that "It goes on".

On remembrance Sunday, the Bennetts team attended several remembrance events, laying our wreaths in honour of those who lost their lives serving our country. It was a true privilege to be invited to take part in such meaningful moments of reflection.



Our New Era Brentwood group enjoyed a wonderful gathering, with 35 people finding their way around the tables — a full house and a delight to see. Mike, our quiz master, hosted a general knowledge quiz, which brought plenty of laughs and friendly competition. It was a great success!





At New Era Billerica, we celebrated the 1-year anniversary. How has it been a year already? It feels surreal, and we are so proud of the connections and supportive bonds that have grown within this group. After celebrating, we continued with therapeutic arts and crafts while chatting and supporting one another through conversations about navigating Christmas after loss. ❤️





Our upcoming gatherings include:

- 3rd December – Lunch at Masons Restaurant at 1pm
- 5th December – A ramble at Warley Place (see poster for details)

**kinder  
essex**

**Bennetts  
Funeral Directors**

**vita**

**Festive Winter walk**  
at Warley Place Nature Reserve

**FRIDAY 5 DECEMBER**  
**2PM TO 4PM**

With...

Amy - Kinder Essex Brentwood  
Anna - Bennetts Funeral Directors  
Tracey - Vita Heath Group

Join us for a festive Winter walk at...

**Warley Place Nature Reserve**  
Warley Road  
Great Warley  
Brentwood  
CM13 3HU

Meet at the main gate - free parking

Walk: 2pm to 3pm  
Refreshments at the Thatchers Arms: 3pm to 4pm

Please wear appropriate clothing and footwear for the weather conditions

Please book your place via email:  
[amy.robelaou@ceesex.org.uk](mailto:amy.robelaou@ceesex.org.uk)

- 16th December – A festive meet-up at The Kings Head for turkey and a raffle.
- 17th December – Bennetts Christmas Community Dance, hosted by Anna, information at the end of this newsletter

Our Sandra completed the half marathon at Silverstone,  
just over 13 miles and raised a whopping £1045!  
Amazing achievement Sandra, congratulations from us all!!



Part of New Era group travelled to the Christmas market at Winchester,  
they all had a lovely time!



Also, don't forget to let me know if you would like to attend one of our memorial services in either Brentwood or Billericay

***Bennetts Memorial Service  
with Carols & Candlelight***

**Brentwood**

Thursday 4th December 2025.

Arrivals from 6.30pm for a 7pm start.

The Essex Regiment Chapel, Warley, CM13 3BN  
(Parking at The Army Reserve Centre)

**Billericay**

Tuesday 9th December 2025.

Arrivals from 6.30pm for a 7pm start.

St Mary Magdalen Church, High Street, Billericay, CM12 9BQ  
(Local car parks available off the High Street)

Seating is limited, therefore please book your place(s) in advance  
during office hours by calling or emailing us on:  
01277 210104 / [info@bennettsfunerals.co.uk](mailto:info@bennettsfunerals.co.uk)



Also let me know if you like to join the group to York  
for a 5 day trip. It will be solo accomodation and a £25 deposit.  
We already have 6 of our group booked to go

# Christmas Tea Dance!

Join us for a festive afternoon

&5 entrance fee  
and carers go free!



Venue: Nightingale Centre, CM14 5WF

Date: 17<sup>th</sup> December 2025

Time: 2:00pm - 4:00pm

All paying tickets includes a raffle ticket  
and a small gift.

For any inquiries please call 01277 210104


Mince Pies  
& Tea available



Ray will be singing  
whilst we will be dancing!

Slipper Swap team  
& community stalls

*Bennetts*  
Family Funerals since 1881  
*Funerals*  
Supporting the Community



As we move into December, we want to extend our warmest wishes to you all. May this Christmas season bring moments of peace, comfort, and gentle reflection. With love and support, Anna, Jane, Tina, Bridget & Lisa at Bennetts