



## New Era Bereavement Support Groups

We hope you all have enjoyed the glorious weather we had in July, it seems this is the summer that just keeps on giving!

This year is a fabulous fruit year which makes me think...why don't we bring in some fruit? We can share if you are blessed with any fruit trees that are giving you enough to share.

In July we have hosted our second Sunset Walk at Warley Place with a nice drink at the Thatcher's Arm pub afterwards, it's been so lovely to be out strolling and making the most of these warm summer evenings.



Graham who attends New Era invited everyone from the Brentwood group to his garden for cakes, teas and a cheeky glass of wine! It was a huge success and I know everyone that came along had a fabulous time, a massive thank you to Graham for being so brave (haha!) and for stashing plenty of sun hats to lend out, it was so hot that day so very much appreciated.





Also in July, we had Ken from The Mayflower Morris Men come in for a talk at Billericay. Audrey kindly held a guided candle painting session with anyone who fancied joining in; lots of giggles, smiles and beautiful creations!



Thunder and heavy rain were forecast which put some of you off the trip to Barnards Farm, well never trust the weatherman again! We had glorious weather and what a fantastic garden we explored! We even had a chance to catch a ride on the miniature train journey.





We had our first meeting at Christ Church in Brentwood, and I just love the warm feeling you get there, I hope you guys feel the same. I would like to say a big thank you to Louise who is always giving us a hand, you are a star Louise

Brentwood New Era also had Ben from NatWest giving us a talk of the importance of banking fraud, something you all can agree with is a very important topic so we appreciate Ben coming in to speak with us.

On the 10 of August the Brentwood gang are meeting up for a Sunday roast at Toby Carvery, hopefully this can be a regular event because understandably Sundays can be really difficult days for some.



Speaking of food, I have booked a Christmas lunch at Masons on 3rd of December for the Brentwood gang at 1pm, please let me know if you like to attend this. Billericay gang, please let me know if you would like to come along to Masons restaurant in Brentwood or for me to arrange one for us in Billericay.

Volunteers are needed once a month for Butterfly Meadow - Essex Wildlife Trust get together 12th of August at 13:30, please let Anna know if you are interested to come along for some gardening!

Attached to this newsletter are some courses that are available and all free of charge!

# Dates for your diary:



**Bennetts Annual Carols and  
Candlelight service**

**Thursday 4th of December at 6pm  
Regimental Chapel,  
Warley, CM13 3UJ**

## Understanding Direct Cremations

On 16th September at 6:30pm we will be holding an informative evening at Bentley Crematorium to discuss all aspects of direct cremations.

As an added benefit we are delighted to have Dr Bill Webster with us again, he will be letting us have his thoughts on The Importance of a Good Goodbye. There will be an opportunity to share experiences and ask questions.

Possible speakers may include:

Jane Bennett – Bennetts Funeral Directors

Dr Bill Webster – Grief Journey

Revd Andy Smith – Rural Dean

Mike Coles – Celebrant

Ian Best – Manager – Bentley Crematorium

Refreshments will be provided

For further information please call 01277 210104