New Era

Bereavement Support Groups

What incredible weather we have had, I love it myself, but I am aware it is affecting everyone differently, here are some safety tips for this summer-Wear lightweight, light-coloured, and breathable fabrics Stay in air-conditioned places as much as possible Avoid strenuous activities on hot days Limit time outdoors
Wear sunblock (SPF 15 or higher) and reapply regularly when outdoors Stay in a cool place (ideally air-conditioned) Drink plenty of fluid (ideally water)
Take a cool bath or shower to cool off when it's hot Get plenty of rest
Please look after yourself xxx



At Brentwood we had Ken from the Mayflower Morris men chatting to the group, he was so lovely, and it was great hearing of the history of the Morris men! We will be delighted to welcome Ken again to our Billericay New Era Group on the 16th of July if you missed it at Brentwood.

At our Billericay meeting in June, the NatWest team were talking about fraud, it was so, so interesting, and Ben and Tracey were great, We will be welcoming Ben from NatWest to our Brentwood group on the 9th July to talk fraud.

Anna's bingo will wait until another day

Brentwood New Era is moving venue this month, from St George's Church to Christchurch on Warley Hill due to the playschool extending their hours at St George's Church. Christchurch venue is so lovely and light and welcoming, we will be able to use their garden for a cheeky garden game, and it has plenty of parking. The lovely church will be open for anyone who wishes to light a candle or just have a quiet moment.

Same time, 1.30-3.30 at Warley Hill, Brentwood, CM13 3AA

On Thursday the 31st of July we are meeting in the car park of Barnards farm at 12 noon, £10 entrance fee will need to be paid there on the door.

Bring your own drinks and lunch!

Please help each other get group members and arrange lifts if you can it will be much appreciated.

Address:

Barnards Farm, Brentwood Road, West Horndon, Essex, CM13 3FY

I have looked at a few coach trips away and here are a few suggestions for next year, I do think we need to book early to avoid disappointment if anyone is interested



If you like gardening why not come and give a hand to the friendly volunteer group at Butterfly meadow in Shenfield.

They meet up every second Tuesday a month at 1-30, if you are interested please Anna know and she will connect you



If a coach trip is not for you, check out this day trip and let me know if any of you are interested in attending.

TUESDAY 24TH JUNE

KENNET & AVON HORSE DRAWN BOAT & CREAM TEA



We arrive in Newbury in time for sightseeing and for you to purchase lunch before our 2 hour horse drawn boat trip along the Kennet & Avon canal that winds its way through peaceful Berkshire countryside. Whilst on board we enjoy a delicious cream tea. Price includes cruise and cream tea.

LSM	NM	DEPARTS	RETURNS
£53	£55	8.00am	7.30pm



I know its early but I'm now talking CHRISTMAS lunch! I will arrange one in Billericay, one in Brentwood!! Date and venue to be confirmed



Another date for your diary, The Annual Carol and Candlelight Memorial Service will be held on Wednesday 3rd December at The Regimental Chapel in Warley. Arrivals from 6:30pm for a 7:00pm service start

Some useful Links for you to explore

Some information on extended Neighbourhood Policing Teams (NPTs) in Essex Police:

https://www.itv.com/watch/news/catch-up-on-itv-news-anglia-east-from-wednesday-28th-may/jydxlwm

https://www.facebook.com/EssexPoliceUK/posts/1037847161814322

<u>https://www.essex.police.uk/news/essex/news/news/2025/may/we-value-our-neighbourhoods-which-is-why-were-increasing-visibility-to-reduce-crime-even-further/</u>

https://www.youtube.com/watch?v=vvjLwEeHjag

https://www.inyourarea.co.uk/news/marie-goldman-mp-on-patrol-with-essex-policeteams-to-watch-the-great-work-they-do

In line with government funding decisions as part of the Neighbourhood Policing Guarantee, they have moved 74 officers into neighbourhood duties, where they will focus on local issues and be more readily accessible to local people, including watch members. If you wish to contact your local NPT, please select an email address from the following list which covers your district:

> BasildonNPT@essex.police.uk BrentwoodNPT@essex.police.uk

E Scooter Awareness and knowing the law

https://www.met.police.uk/advice/advice-and-information/rs/road-safety/adviceescooters/?utm_medium=email&utm_name=&utm_source=govdelivery

Be fraud smart

https://www.essex.police.uk/advice/advice-and-information/fa/fraud/? utm_medium=email&utm_name=&utm_source=govdelivery

We at Bennetts are wishing you a lovely summer

Anna, Tina, Bridget, Lisa, Jonathan and Jane