Living Well & Dying Matters



We welcome you to join us on Friday 10th May from 10am until 1pm at St Thomas's Church, Brentwood.

FREE refreshments - Merrymeade Tea Rooms

FREE holistic treatments

FREE informal sessions

FREE giveaways

Speak to the experts from Saint Francis Hospice, Home Instead,
Bennetts Funeral Directors, Pinney Talfourd Solicitors to find out about local services, activities and
information on caring for loved ones, wills, end of life care, will writing, funeral services and options,
holistic services, wellbeing, and much more.

If you feel that your organisation would like to be a part of this and support the event, please email Fr Mark North by 26th April.

frmarknorth@btinternet.com

Every year, people around the UK use Dying Matters Awareness Week as a moment to encourage all communities to get talking in whatever way, shape or form works for them. This year's theme, 'The way we talk about Dying Matters', focuses on the language that we use, and conversations we have, around death and dying — specifically between healthcare professionals and patients, their carers and their families.

Lunchtime Live @ St Thomas' begins at 1pm, a free recital in church with Trio de Lumiere (flutes and piano).

All are welcome.



Parking locally in the multi-storey, William Hunter Way and Chatham Way car parks.

Because the way we talk about Dying Matters.

















