

New Era



July 2020 Issue 7



Live on our website. go to
www.bennettsfunerals.co.uk

Simply click on the logo to put yourself in
contact with 24 hour grief support.

Manned by trained counsellors for when you need to
talk with someone at any time. *

Our New Era Newsletter is available to view on our
website. go to www.bennettsfunerals.co.uk and go to
bereavement support and you will find the link.

We look forward to returning to group on
the 14th July if you have any questions please
do not hesitate to contact me.
Don't forget a raffle prize!

Life is amazing. And then it's awful.
And then it's amazing again.
And in between the amazing and the awful
it's ordinary and mundane and routine.

Breathe in the amazing,
hold on through the awful,
and relax and exhale
during the ordinary.

That's just living heartbreaking,
soul-healing, amazing,
awful, ordinary life.
And it's breathtakingly beautiful.

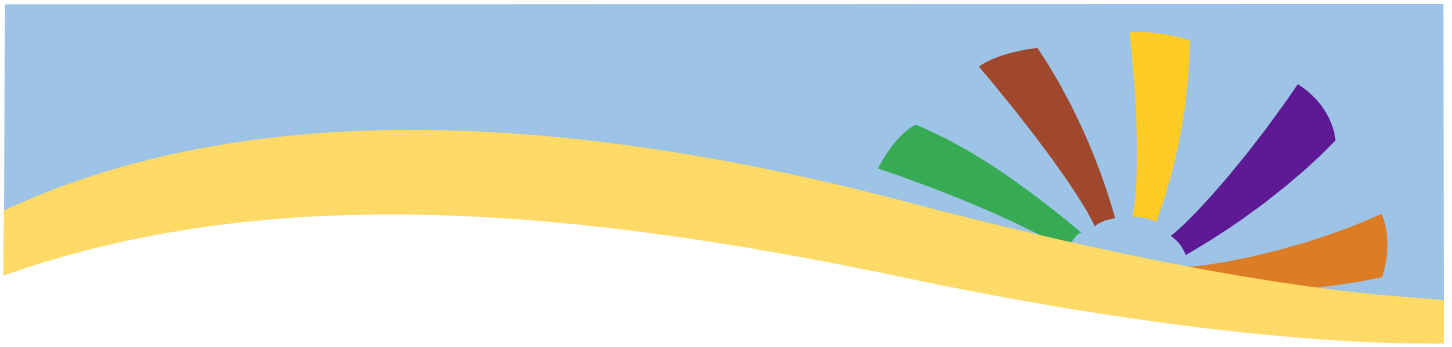
~ L.R. Knost

www.stevemaraboli.com



For anyone with a Birthday this Month





Brentwood Health Trax – What is it?

Brentwood's Healthy walking scheme Health Trax is a FREE health walk programme that has been running for over 20 years. The scheme is run by volunteer walk leaders supported by Brentwood Borough Council and Walking for Health. Health Trax provides safe walking routes around local parks and countryside led by trained volunteers.

Will restart in March 2021- Mondays -Hutton Country Park Health Walk

Walk begins at 11am Wash road, (small free car parking) opposite Tallon road
30-40min slow – medium pace walk, runs beginning March – End November

Tuesday's King Georges Park,

11am start meet near café in park Walks run all year round
1-hour medium – brisk walk through nearby Hartswood and nearby woodlands

Tuesdays chat 1st walks- 10am meet outside the Brentwood Centre - Chat 1st Chatty walks free supported walks for mental wellbeing, please register by emailing chat1stwellbeing@gmail.com

Wednesday in Doddinghurst

10am, start from Doddinghurst village hall (free parking) Walks run all year round
1-1.5 hrs along countryside footpaths Medium – brisk pace, longer walks which go over stiles and across fields using right of way paths.

Fridays - (Weather permitting) -**The strollers** - meet at 1.30pm outside Brentwood Library for a 30 min gentle walk around the surrounding areas - contact CVS on 01277 222 299

COMMUNITY GARDEN PROJECT
WITH CHAT 1ST AND THE DAILY BREAD POP UP CAFE

Join us in creating a new community garden at St Peters Church, Hutton, Brentwood - all volunteers welcome
A great way to improve your wellbeing... for your community's wellbeing

WEDNESDAY & FRIDAYS
10AM-12 NOON

Register with us at
www.chat1st.co.uk
or email:
chat1stwellbeing@gmail.com

www.chat1st.co.uk / Email chat1stwellbeing@gmail.com
Chat 1st - Your Community Wellbeing Programme



Events at Ingatestone Hall

‘She stoops to Conquer’

July 17th, 2021 at 7.30pm

Bring a chair and blanket and be entertained
for the evening

For more info visit www.rainorshine.co.uk



Billericay Summerfest 2021

Sunday 8th August

Sponsored by Billericay Mayflower
Rotary

Classic car show, Stage acts, food, and
refreshments

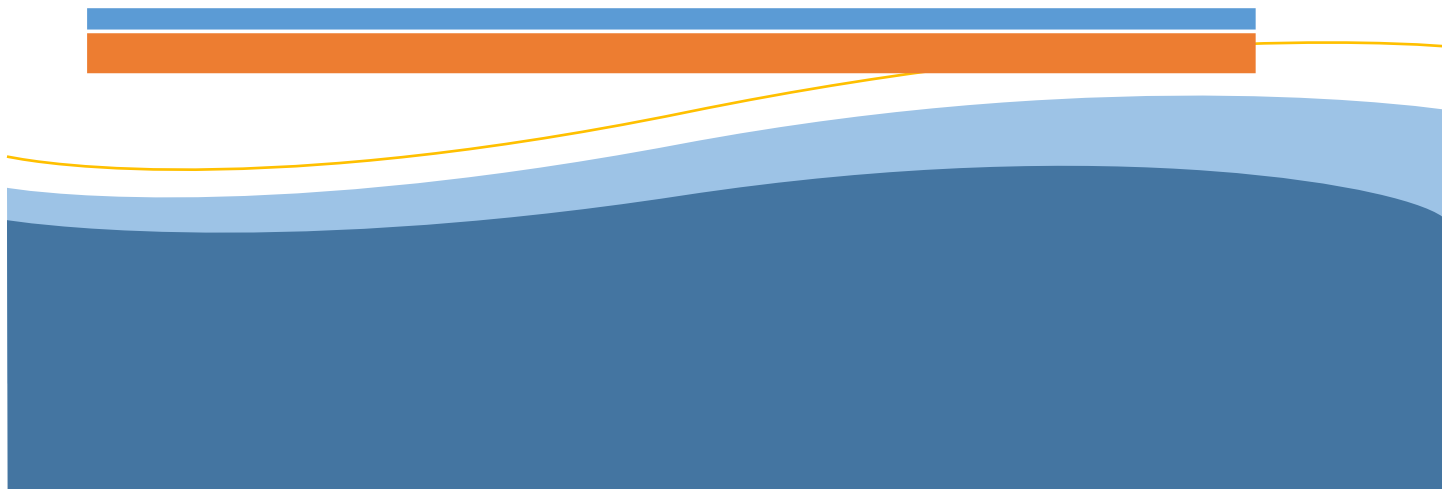
For more info visit [https://
billericaysummerfest.com](https://billericaysummerfest.com)




Brentwood Art Trail 2021

The annual Brentwood Art Trail is a great way to enjoy the artwork
Of talented local artists, exhibiting in July in a wide variety of venues in the
borough.

For more info visit www.discoverbrentwood.co.uk/events/brentwood-art-trail





Hello all, as we head into July 2021! This past month here at Landons has been extremely busy – because it felt as though half of Brentwood exchanged contracts and completed on the sale of their properties in order to meet the stamp duty holiday deadline! It has also been extremely busy with families and individuals putting into place Lasting Powers of Attorney now that people feel more comfortable to attend our offices for face to face appointments.

One of my clients came to me this month having watched a documentary on ITV called ‘Kate Garraway: Finding Derek’. I had also watched this documentary when it aired on television earlier this year. Whilst this was not an easy watch, it was eye opening to the day to day struggles of Covid and long-Covid patients. I thought I would share a little part of this documentary with you.

The programme touched on the importance of Lasting Powers of Attorney, which surprised me (pleasantly) as these are spoken about so little. The lack of publicity that Lasting Powers of Attorney is disappointing as their use and importance to families and to an individual’s day to day life is quite priceless.

The documentary followed Kate Garraway’s heart-breaking story of her husband Derek’s battle with Covid, which has been made even more complicated by the lack of legal protection the couple had in place. It transpired, Kate was unable to access funds to manage her husband’s care or refinance her mortgage, and in the documentary, she spoke about the financial issues she has faced being unable to access accounts in Derek’s name without a Lasting Power of Attorney.

A Lasting Power of Attorney is where an individual makes a legally-binding document to give someone they trust the authority to make decisions on their behalf if they no longer have the mental capacity to do so themselves. There are different types of Lasting Powers of Attorney that cover different aspects of life, such as financial decisions, and healthcare decisions.

Of course, so many of us do not have Lasting Powers of Attorney – this unfortunately is quite normal! In this situation, if a Lasting Power of Attorney has not been made then family members will either have to wait until there is a full recovery of capacity, or they will have to make an application to the Court of Protection, which can take up to 12 months in some instances. In the meantime, houses cannot be sold, bank accounts cannot be accessed and investments become frozen.

I was taken aback by the impact that the documentary has had and I thought I would share this little bit of legal knowledge with you – because my job is to ensure I inform as many people I can of the help available, ITV have done a brilliant job at prompting the questions. Of course it goes without saying, I am here should you wish to speak to me about anything at all regarding Lasting Powers of Attorney – I will always be a friendly voice on the end of the phone.

With my best wishes, Jessie
Solicitor at Landons Solicitors, Brentwood, 01277 210021, j.stewart@landons.co.uk

