



Afternoon Tea at Ashwells 9th September

After the success of our last
Afternoon tea we have booked
another for the 9th September at
1.30pm £15pp

To book your place and arrange
payment please call Lisa or Anna on
01277 210104

We look forward to
Seeing you then



Just for Fun!!

An elderly woman was walking her dog when a young man grabbed her purse and ran away. I asked if she was OK and she smiled and said that its really no big deal because she carries her old purse to put her dog's poop in it until she gets home to dispose of it.



For anyone with a Birthday this month...



Walking:

Regular walking can:

- Reduce your blood pressure and cholesterol
- Aid weight loss
- De-stress and relax
- Improve Stamina and endurance

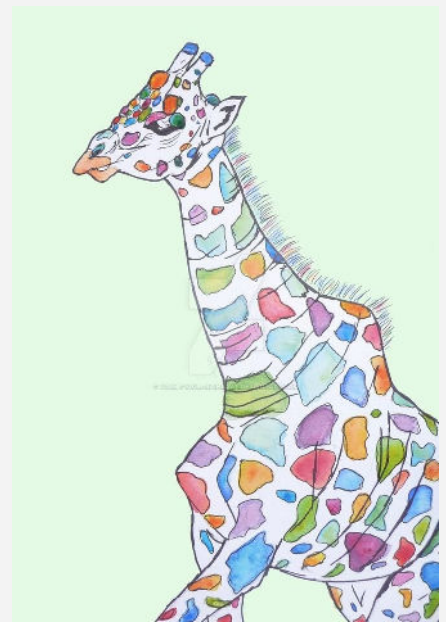
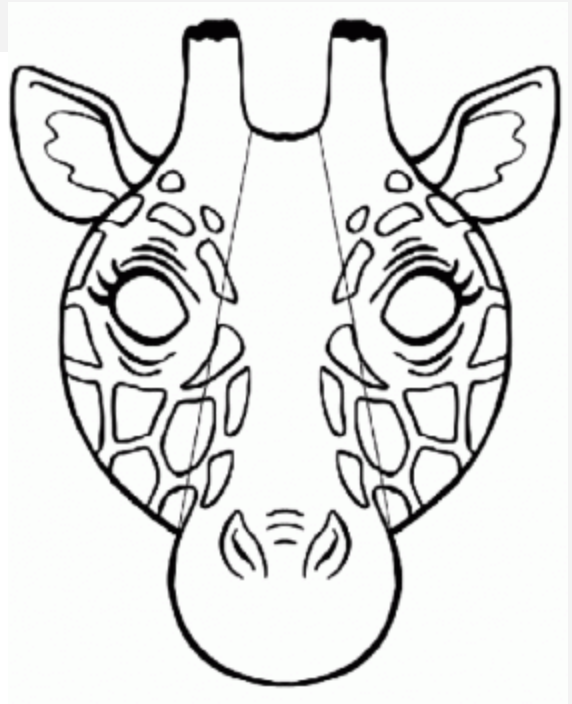


A quiz for you. Answers below, so cover them up!

1. What is the capital city of Sicily?
2. What was the code word used for the D-Day landings in 1944?
3. Where in the human body is the thyroid gland?
4. In which movie series would you find the Millennium Falcon?
5. On which of the Great Lakes does the US city of Buffalo sit?
6. Which British Prime Minister spoke of "a wind of change" in Africa in 1960?
7. In which country was scientist Marie Curie born?
8. With which art movement would you associate Andy Warhol?
9. Which mountain range runs from the Bay of Biscay to the Mediterranean Sea?
10. With which newspaper did the Daily Sketch merge in 1971?
11. In horse racing at what age does a filly become a mare?
12. What did Siam change its name to in 1939?
13. In which French city was Joan of Arc burnt at the stake?
14. In the video game, what colour is Pac-Man?
15. Which constellation is also known as The Hunter?
16. From what is Tofu made?
17. For which English club did Mo Salah make his Premier League debut in February 2014?
18. Which jazz artist was known as "Satchmo"?
19. The Prado art gallery can be found in which European city?
20. In economics what do the letters RPI represent?

1. What is the capital city of Sicily? **Palermo.**
2. What was the code word used for the D-Day landings in 1944? **Operation Overlord.**
3. Where in the human body is the thyroid gland? **In the neck.**
4. In which movie series would you find the Millennium Falcon? **Star Wars.**
5. On which of the Great Lakes does the US city of Buffalo sit? **Lake Erie.**
6. Which British Prime Minister spoke of "a wind of change" in Africa in 1960? **Harold Macmillan.**
7. In which country was scientist Marie Curie born? **Poland.**
8. With which art movement would you associate Andy Warhol? **Pop Art.**
9. Which mountain range runs from the Bay of Biscay to the Mediterranean Sea? **The Pyrenees.**
10. With which newspaper did the Daily Sketch merge in 1971? **Daily Mail.**
11. In horse racing at what age does a filly become a mare? **Five years old.**
12. What did Siam change its name to in 1939? **Thailand.**
13. In which French city was Joan of Arc burnt at the stake? **Rouen.**
14. In the video game, what colour is Pac-Man? **Yellow.**
15. Which constellation is also known as The Hunter? **Orion.**
16. From what is Tofu made? **Soya beans.**
17. For which English club did Mo Salah make his Premier League debut in February 2014? **Chelsea.**
18. Which jazz artist was known as "Satchmo"? **Louis Armstrong.**
19. The Prado art gallery can be found in which European city? **Madrid.**
20. In economics what do the letters RPI represent? **Retail Price Index.**

Colour in with a relative/friend...



Beware of scammers

What should I do if I get a scam call?

Older people are often a target for scammers, so it's important to be aware of phone scams and how to handle them. Fortunately, there are things you can do to protect yourself:

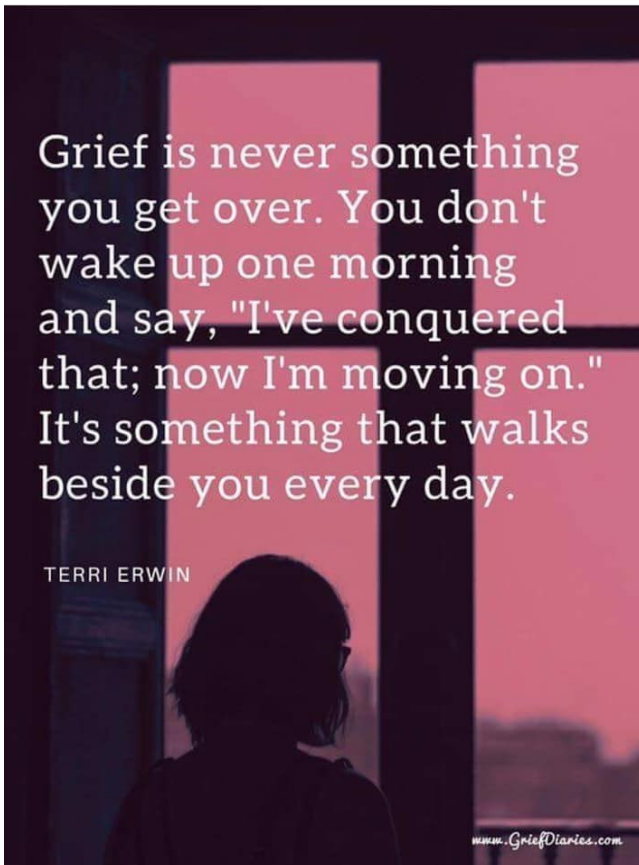
- **Don't reveal personal details.** Never give out personal or financial information (such as your bank account details or your PIN) over the phone, even if the caller claims to be from your bank.
-
- **Hang up.** If you feel harassed or intimidated, or if the caller talks over you without giving you a chance to speak, end the call. It may feel rude to hang up on someone, but you have the right not to be pressurised into anything.
-
- **Ring the organisation.** If you're unsure whether the caller is genuine, you can always ring the company or bank they claim to be from. Make sure you find the number yourself and don't use the one provided by the caller.
-
- **Don't be rushed.** Scammers will try to rush you into providing your personal details. They may say they have time-limited offer or claim your bank account is at risk if you don't give them the information they need right away.

What should I do next?

Register your landline and your mobile phone with the Telephone Preference Service (TPS). To register your mobile phone, text 'TPS' and your email address to 85095.

- Talk to your phone provider to see what privacy services and call-blocking services are available, although you may need to pay for some of these services.

Grief bites



Live on our website. go to www.bennettsfunerals.co.uk

Simply click on the logo to put yourself in contact with 24 hour grief support.

Manned by trained counsellors for when you need to talk with someone at any time.

Our New Era Newsletter is available to view on our website. go to www.bennettsfunerals.co.uk and go to bereavement support and you will find the link.

If you have anything you would like mentioned in the newsletter, please let Lu know