

New Era



August 2020 Issue 8



History will remember when the world stopped
And the flights stayed on the ground.
And the cars parked in the street.
And the trains didn't run.

History will remember when the schools closed
And the children stayed indoors
And the medical staff walked towards the fire
And they didn't run.

History will remember when the people sang
On their balconies, in isolation
But so very much together
In courage and song.

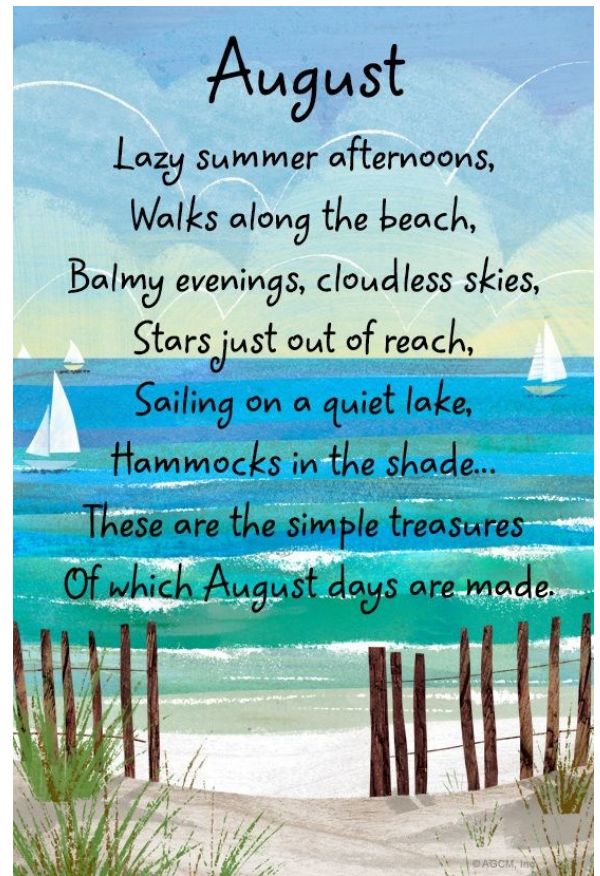
History will remember when the people fought
For their old and their weak
Protected the vulnerable
By doing nothing at all.

History will remember when the virus left
And the houses opened
And the people came out
And hugged and kissed
And started again

Kinder than before.

Donna Ashworth

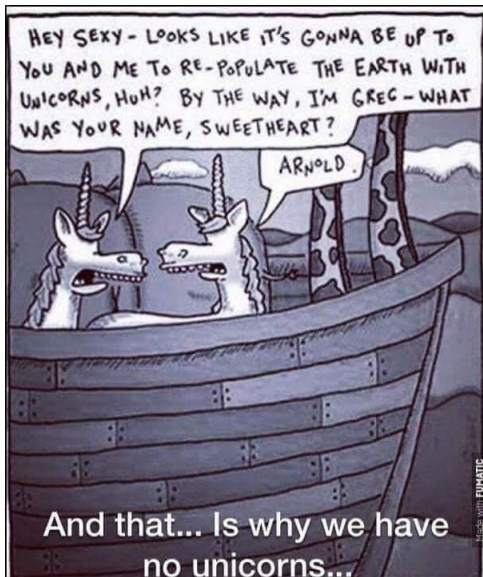
For anyone with a Birthday this month...



August

Lazy summer afternoons,
Walks along the beach,
Balmy evenings, cloudless skies,
Stars just out of reach,
Sailing on a quiet lake,
Hammocks in the shade...
These are the simple treasures
Of which August days are made.

Just for Fun!!



Afternoon Tea at Ashwells

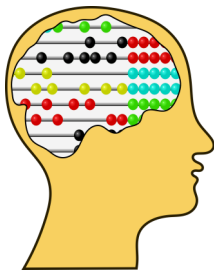
Wednesday 12th August @ 1.30pm. £15pp

**We are so looking forward to seeing all of you,
and your friends who have put your names on
the list.**

**The LAST date to go on the list is 5th August
Call Lu on 01277 624289 or 07793944734.**

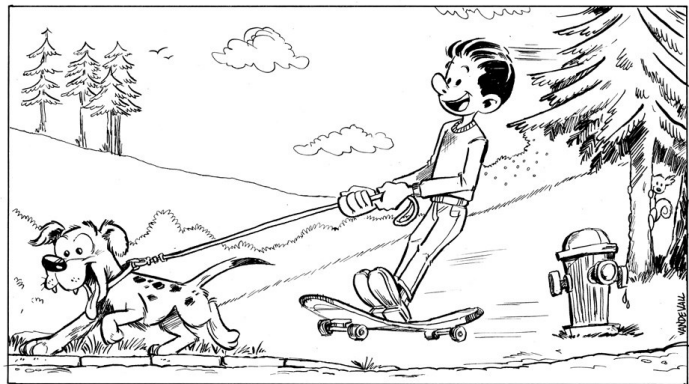
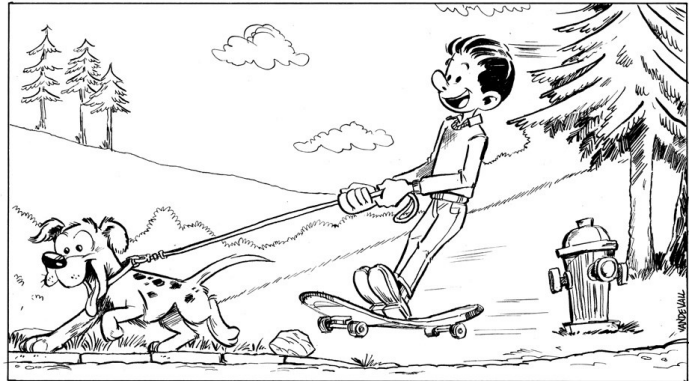
Did you know?

- ◆ The United States of America is made up of 50 states and the District of Columbia.
- ◆ Brazil has won the most World Cup titles.
- ◆ Queen Elizabeth II is the Head of State of St Lucia.
- ◆ Papua New Guinea speaks the most languages in the world, with more than 851 individual languages listed.



SPOT THE DIFFERENCE!

Find 10 differences between the 2 pictures!



Varieties of Trees

SNJFYI
 KLGXPSCTCV
 FJKDOZXRPSQJRJ
 ZABEFMIHVPLPJOKMSI
 WSVYLPLOOXDNUHSAGGHECM
 TKYPEVDUTCTCIMEYRREHCRIB
 SNEERGREVEIYAWVCFIUZULIG
 SPGIDUKNKCIFPOPLARAMMRJOVG
 SQDHYVIAAILONGAMGAJXPVYON
 DKIQRGPNNDREDOOWGODMZFSLOIUS
 NFDZQOVZNKAOUDWARLLAIIIXKZJM
 IAQIBAEZVYWMWHZOJVEHKJMWORSRCW
 TLOTFNLKHQQAMDEUUTWXLDQVREVJND
 JMLKFGCTMRMTZLIOQSUOREFINOCLUZ
 XOZKAUQHPCFCVHTFGLAHAJIDZFMCW
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 OPXNMS
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 VPFVAVK
 SZXPLZ
 XRBEMZ
 EZOUZY
 FNKWKL
 OMBPEQ
 COSBJOHR
 JTVVXYRE
 NXYNYZUGEY
 EQSZNRNNNY
 AYGZMWTBNCOI

- | | |
|------------|----------|
| Ash | Oak |
| Birch | Orange |
| Cherry | Pine |
| Coniferous | Plum |
| Deciduous | Poplar |
| Dogwood | Rosewood |
| Elm | Spruce |
| Evergreen | Sycamore |
| Magnolia | Tamarac |
| Maple | Teak |

Aston Villa 4 - 1 Charlton
 Arsenal 4 - 1 Everton
 Liverpool 4 - 1 Bradford
 Manchester United 4 - 1 Chelsea
 Sunderland 4 - 1 Leicester
 West Ham 4 - 4 Tottenham

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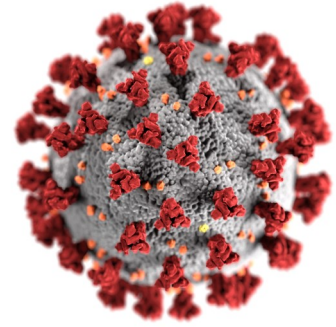
h a p p i n e s s

Stay safe, stay in, and colour in....



How to avoid catching or spreading coronavirus

- wash your hands with soap and water often – do this for at least 20 seconds
-
- always wash your hands when you get home or into work
-
- use hand sanitiser gel if soap and water are not available
-
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
-
- put used tissues in the bin straight away and wash your hands afterwards
-
- try to avoid close contact with people who are unwell



Beware of scammers

Compensation calls

This is a call from a company asking about a car accident you've supposedly had claiming you may be entitled to compensation. Some of these could be genuine companies looking for business but others are scammers. Don't engage in these calls. If you've had an accident, call your own insurance company on the phone number provided on your policy.

HMRC scams

You may get a call from someone claiming to be from HMRC saying there is an issue with your tax refund or an unpaid tax bill. They may leave a message and ask you to call back. Again, don't be fooled by this. HMRC would never contact you this way and would never ask you to reveal personal financial information such as your bank account details.



Acknowledge the smallest triumph as a major victory

Commend yourself for the little things. Life is not back to normal, but you made it through a Sunday, or you were able to look at a photograph without tears, or listen to a song without falling apart. Life after loss is one painful step and one day at a time. You are better now than you were a few months ago. Reorganization does not happen all at once: make sure your goals are realistic and reachable. Remind yourself to be satisfied at all the significant milestones along the journey, not just when you get to the destination.



Live on our website. go to www.bennettsfunerals.co.uk

Simply click on the logo to put yourself in contact with 24 hour grief support.

Manned by trained counsellors for when you need to talk with someone at any time.

Our New Era Newsletter is available to view on our website. go to www.bennettsfunerals.co.uk and go to bereavement support and you will find the link.

If you have anything you would like mentioned in the newsletter, please let Lu know