



A warm welcome to Colin Richardson, Julie Hall & Mavis Wright  
who joined our group last month

November is Remembrance Month

Before our next meeting on November 13th, Lu would love some of you to write a memory of your loved one. You don't have to put your name to it, and Lu will pick a few memories for our December

Newsletter

*November's Butterfly*

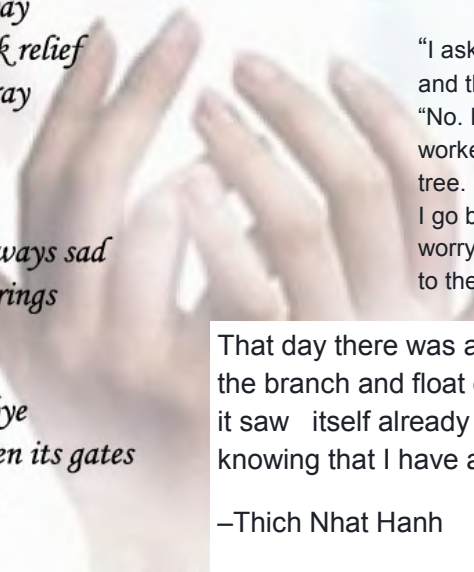
*Sometimes in November  
When the sun is sitting high  
A warm Fall breeze will steal the leaves  
And cause the trees to cry*

*Sometimes in November  
A butterfly will appear  
A cherished thought, a battle fought  
For one you loved so dear*

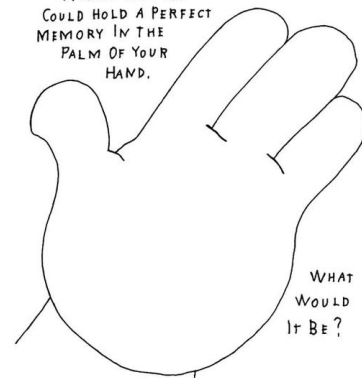
*Sometimes in November  
A daughter will pass away  
You wallow in grief, seek relief  
And then you learn to pray*

*Sometimes in November  
An angel gets its wings  
It's good and bad but always sad  
Both joy and pain this brings*

*Sometimes in November  
A family must say goodbye  
As Heaven awaits to open its gates  
To November's butterfly*



IMAGINE THAT YOU  
COULD HOLD A PERFECT  
MEMORY IN THE  
PALM OF YOUR  
HAND.



"I asked the leaf whether it was frightened because it was autumn and the other leaves were falling. The leaf told me, "No. During the whole spring and summer I was completely alive. I worked hard to help nourish the tree, and now much of me is in the tree. I am not limited by this form. I am also the whole tree, and when I go back to the soil, I will continue to nourish the tree. So I don't worry at all. As I leave this branch and float to the ground, I will wave to the tree and tell her, 'I will see you again very soon.'"

That day there was a wind blowing and, after a while, I saw the leaf leave the branch and float down to the soil, dancing joyfully, because as it floated it saw itself already there in the tree. It was so happy. I bowed my head, knowing that I have a lot to learn from the leaf."

-Thich Nhat Hanh

By Whiskurz 23 Nov 2012



**A BIG thank you to everyone  
who knitted poppies for our Remembrance Windows**

## Coach trips (organised coach)

Organised Coach Trip. Bury St Edmunds Christmas Market—Friday 22nd November

3 pick up points 9.30 at Chequers, Hutton, then Shenfield Station, then outside the

Dairyman, Brentwood High Street. Leaving Bury for home at 4pm. ONLY 7 SEATS LEFT!!! £10 for anyone not a member of the group.

**Seat quizzes on route!!!**



Christmas Lunch Wednesday  
11th December 1pm at Ash-  
wells Country Club

We now have 38 on the list.

Please pay any remaining  
monies owed to Lu at our

next meet on 13th November

### AND MENU CHOICES



**Bennetts Landy Bear Knitters**

Please let us know how you  
are getting on and if you need  
any more materials.



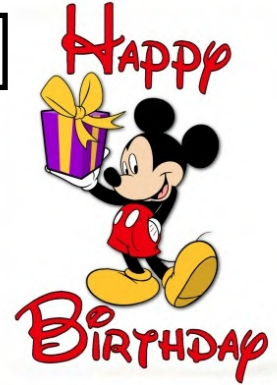
## **Shenfield Christmas**

**Fayre**

**Sunday 8th  
December**

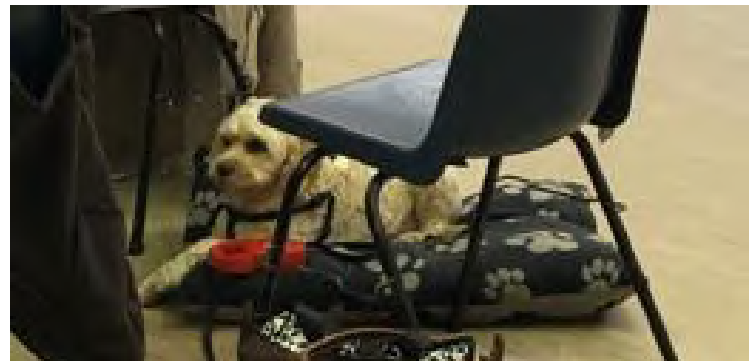
**12—5pm**

For anyone with a Birthday this month....



**Meet LEWY our Grief Support friend**

## **Just for Fun!!**



### **Kirby's Day Excursions** You may be interested in...

Wednesday 6th November—Afternoon at the Pictures with Lunch £59.00

Thursday 21st November—**War Horse (a fantastic show)** £68.00

These are on Route D—which covers, Billericay, Hutton, Shenfield & Brentwood.

**Please call 01268 777777 to book your place.**

## at Ingatestone Hall

Charles Dickens: A Christmas Carol

The classic Christmas story performed by Pandamonium Theatre Co at Ingatestone Hall on Thursday 5th and Friday 6th December at 8pm. Tickets £12. Contact Paper Station, 53 High Street Ingatestone CM4 0AT tel 01277 354022



## At Brentwood Theatre

The up Close Magic show

15th November at 7.30 pm—9.30pm

£16.50 pp

15, Shenfield Road, Brentwood, CM15 8AG

TO BOOK: Call 01277 200305



## BILLERICAY CHRISTMAS MARKET

Sun, 1 Dec, 11:00 – 17:00



Once again, Billericay Mayflower Rotary will be organising the town's much anticipated annual Christmas Market. Kicking off at 11.00 with Santa's Parade, visitors can look forward to many of our usual attractions: the children's funfair; donkey rides; Punch & Judy; not forgetting Santa in his grotto, with activities to keep the little ones amused, as well as a wide variety of stalls and places to eat and drink. So put the date in the diary - Sunday, December 1; a great way to start your Christmas celebrations.

### Music for Christmas

Saturday 21st December

7pm Brentwood Centre

Hutton & Shenfield Choral Society

Along with St Mary's C of E School Choir and the Chelmsford Ballet Company

Perform a variety of music and dance to celebrate the season of Christmas

Tickets are £18

Students/Children £6

Family package £40

Tickets available from

07935 240 686

01277 215151

hsctickets@outlook.com



Just for FUN!

You will find a table quiz/crossword on the tables.

Maybe ask someone you don't know to join you/your team?

# Mayor's Charity Quiz Night

QUIZ MASTER  
William Lloyd

in aid of the Mayor's charities—St Francis Hospice and Prostate Cancer UK

**Friday 15th November 2019**

At Brentwood County High School, Seven Arches Road, Brentwood  
6:30pm for a prompt start at 7:00pm

**TICKETS £10.00** per person includes a Fish & Chip Supper  
**Bring your own drink and nibbles**  
(don't forget your glasses and bottle openers)

For tickets please contact Claire Mayhew (claire.mayhew@brentwood.gov.uk or 01277 312741)  
or Zoey Foakes (zoey.foakes@brentwood.gov.uk or 01277 312733)

## The October Winners were

1st with 10/10—TOP CORNER

3 joint 2nd with 8/10—FORGET ME NOTS,  
DINNER LADIES AND MAWSON TRIO!!!

WELL DONE

CROSSWORD NEXT  
MONTH

Hello Everyone,

The fundraiser night at Shenfield Cricket Club on Saturday 19th has been postponed until the new year due to poor ticket sales.

We realise this is disappointing news, especially for those of you who might have paid on the night. However, we will give you plenty of notice for the new date and thank you for your continued support and interest in our support group for bereaved parents.

Kind regards

*Bridget Holley*

## Bloodwise Charity Events

9th November is their Winter Sale at Shenfield Parish Hall.

Friday 22nd November. Brentwood Rotary Club are holding a Quiz for Bloodwise at Brentwood School.

**If you are interested in any of the above events please contact Tricia Ould on 01277 214499**

*Butterfly Meadow*

Lu will have a few "A Not so Jolly Christmas" booklets as the next meet if anyone would like one.

## Grief bites

### Thinking about Christmas.....

There is no rule that says you have to celebrate Christmas with your family and friends. If your grief is so fresh or overwhelming, take a year off. Spend the day watching your favourite movies alone if that is what you want to do. You don't have to put up a Christmas tree or send out Christmas cards. If anyone asks, tell them you needed some time for yourself this year and hope to be back into the festivities next year. Instead of celebrating, you can:

- Volunteer at a food kitchen
- Spend time at your favourite spot meditating or reflecting
- Take a long walk
- Spend time with an elderly neighbour or one who is alone on Christmas
- Create your own support group and invite others over who are suffering through the same kind of loss.

Give to causes your loved one cherished with a monetary donation or your time.

**If you have anything you would like mentioned in the newsletter, please let Lu know**

PLEASE REMEMBER TO FILL IN  
YOUR NAME AND DATE OF  
BIRTHDAY ON OUR NEW BIRTHDAY  
LIST (WITH PAM DENNY)  
OTHERWISE WE CAN'T WISH YOU  
A

Happy Birthday



Grief  
Chat

Now LIVE on our website at  
[www.bennettsfunerals.co.uk](http://www.bennettsfunerals.co.uk)

Simply click on the logo to put yourself in contact with 24 hour grief support.

Manned by trained counsellors for when you need to talk with